

Revision (5–6 weeks from exam)

Session	Topic	Subtopic	Important lessons	Done
1	Unit 3: Self	Biological Influences and Bases for Behaviour	The Spinal Cord, the Central Nervous System, the Peripheral Nervous System	<input type="checkbox"/>
2		Cognition	<u>Memory Storage and Capacity</u> , <u>Memory Coding, Classical Conditioning</u> , <u>Operant Conditioning</u>	<input type="checkbox"/>
3	Unit 3: Others	Relational Influences	Solutions to Resolving Conflict, Techniques for Resolving Conflict, Socialisation Processes in Families	<input type="checkbox"/>
4		Communication	Communication Styles, Persuasive Communication, Theories of Language Development	<input type="checkbox"/>
5	Unit 4: Self	Developmental Psychology and Personality	Cognitive Processing Theories, Bandura's Social Learning Theory, Social Cognitive Approach	<input type="checkbox"/>
6	Unit 4: Others	Social Psychology	Attributions, Obedience, Cognitive Dissonance	<input type="checkbox"/>
7		Culture and Values	Community, Impacts of Events on Individuals and Communities	<input type="checkbox"/>
8	Unit 3 and 4	Research Methods	Planning an Experiment: Variables, Planning an Experiment: Aim and Hypothesis, Ethics in Psychological Research	<input type="checkbox"/>

Practice (3–4 weeks from exam)

Session	Topic	Subtopic	Confidence	Done
9	Unit 3: Self	Self: Biological Influences and Bases for Behaviour	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>
10		Self: Cognition	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>
11	Unit 3: Others	Others: Relational Influences	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>
12		Others: Communication	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>
13	Unit 4: Self	Self: Developmental Psychology and Personality	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>
14	Unit 4: Others	Others: Social Psychology	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>
15		Others: Culture and Values	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>
16	Unit 3 and 4	Research Methods	<div><div></div><div></div><div></div><div></div><div></div></div>	<div><div></div></div>